



Woodlands International College

Junior College Newsletter

27 February 2020

Dear Woodlands Family,

Compassion task

Today is the completion of our month with the theme of Compassion. We are ending off the month with a challenge to all children in the Junior College. Please see the 16 challenges in the box below. We will be discussing the challenge with all the children at our next combined assembly. I would really like all children to take up the challenge and complete their "card" (please note this challenge and this card has been used before by other people, I did not invent it...wish I had). When they have achieved ticks for all the boxes, they are welcome to present their card to their homeroom teacher in order to receive a merit. Good luck! Let compassion and kindness reign in our College.

Tick each box as you complete each task.

Make a card for someone in your class and leave it in their tray.	Share a story with a friend.	Hold the door for someone.	Play with someone new during playtime.
Give a smile to someone in the corridor.	Say "hi" to someone new.	Thank someone for something they have done for you.	Make a card for someone who works in our school.
Give a compliment to someone.	Pick up something which has dropped on the floor.	Stick up something which has fallen down in the classroom.	Help tidy up your table.
Help somebody find something which is lost.	Clean up your space in the classroom.	Push in someone's chair.	Include someone who is on their own at playtime.

So remember, never, ever give up!

Dr G Pienaar