



Pre-Primary

22 May 2026

A Note from the Principal's Desk

How Events Around Them Affect Children

Children are very sensitive to what happens around them at home, school, and in their communities. Research in child development shows that even when children do not fully understand events, they often pick up on emotional changes such as stress, worry, or tension in adults.

Because young children rely on routine and consistency to feel safe, any disruption — such as changes at home, illness, or unsettling news — can affect their behaviour. This may appear as anxiety, withdrawal, changes in sleep, or difficulty focusing.

Children often express emotions indirectly through behaviour or play rather than words, which makes adult support especially important. Studies also show that children cope best when they are given calm explanations, reassurance, and stable routines.

With the right support, they are able to process events and regain a sense of security.



Natalie Short

Principal: Pre-Primary College





Gentle Ways and Tips to Support our Children Through Life's Events

Children feel life deeply, even when they don't fully understand it. What helps most is not perfect explanations, but calm, consistent care. Here are some simple, loving ways we as parents can support children when things feel uncertain or overwhelming.

1. Keep routines steady

Children feel safe when life feels predictable. Regular mealtimes, bedtime routines, and familiar school-day rhythms help ground them, even when other things around them change.

2. Use simple, honest language

You don't need long explanations. Short, clear sentences like "Things are a little different right now, but you are safe" help children feel secure without confusion.

3. Make time for connection

Even 10 minutes of undivided attention – reading together, talking, or playing – reassures children that they are still seen, heard, and valued.

4. Notice behaviour, not just words

Children often show feelings through actions rather than words. Clinginess, irritability, or quiet withdrawal can be a signal that they need extra comfort and patience.

5. Stay calm in your response

Children borrow emotional cues from adults. A calm voice and steady presence can help regulate their own emotions more than instructions or explanations.

6. Reassure often

Simple reminders like "You are safe" and "We will get through this together" help build emotional security.

When children feel emotionally safe, no matter their age, they are better able to understand, cope, and grow – even during challenging times.

Tower of Tins - Mandela Day

This Mandela Day, our school will be taking part in a special "Tower of Tins" initiative to support those in need.

We invite families to send a tin of non-perishable food, such as baked beans, sweetcorn, tuna, or food suitable for animals if preferred. Each contribution will help us build a growing tower of tins as we collect over the period leading up to Mandela Day.

This project is more than just a donation. It is a meaningful learning opportunity for our children. We encourage you to involve your child in choosing the tin/s they would like to contribute. Ask them simple questions like: Why did you choose this food? Who do you think it will help? This helps them begin to think about nutrition, kindness, and the needs of others.

Through this experience, we will also be talking in class about gratitude, recognising how fortunate we are to have food in our homes every day, and understanding that not everyone has the same access.

Even a small contribution can make a big difference. Together, we are teaching our children that kindness in action matters, and that simple acts of giving can brighten someone else's day.



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The World is Getting Ready... and So Are We!

The countdown to the 2026 FIFA Soccer World Cup has officially begun, and the excitement is building across the globe! From friendly debates about favourite teams to kids practicing their best goals on the playground, the spirit of football is everywhere.

The 2026 tournament is set to make history as the biggest FIFA World Cup ever, featuring 48 teams and being hosted across three countries — Canada, Mexico, and the United States. The world's greatest players, passionate fans, unforgettable moments, and electric stadium atmospheres are all on the horizon.

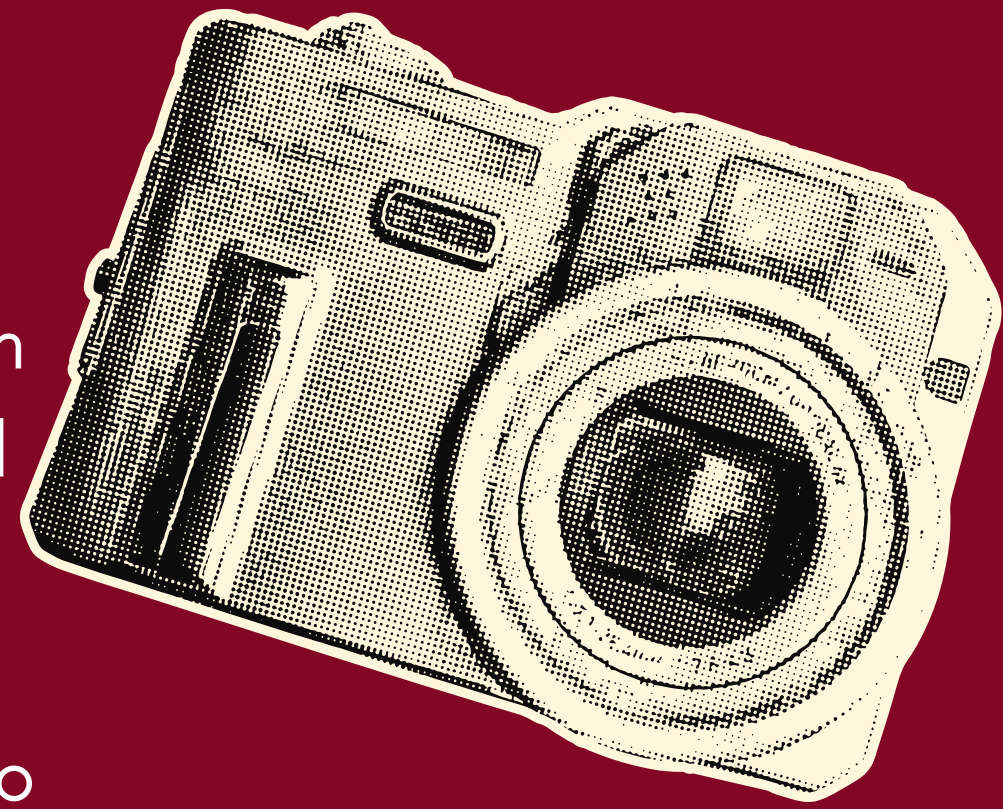
There is something truly special about World Cup season. It brings people together from every corner of the world through one shared love — the beautiful game. Flags begin to wave proudly, jerseys come out of cupboards, and conversations suddenly revolve around predictions, penalty shootouts, and who might lift the trophy!

Here at the Pre-Primary, we are embracing the World Cup spirit with enthusiasm, energy, and lots of soccer fever!



Baker-Baker Day

The Baker-Baker tradition, where toddlers prepare treats for their friends, supports their development in many meaningful ways. It helps build essential life skills, encourages children to follow instructions, and refines fine motor coordination. It also fosters creativity while providing a fun and special opportunity for bonding.

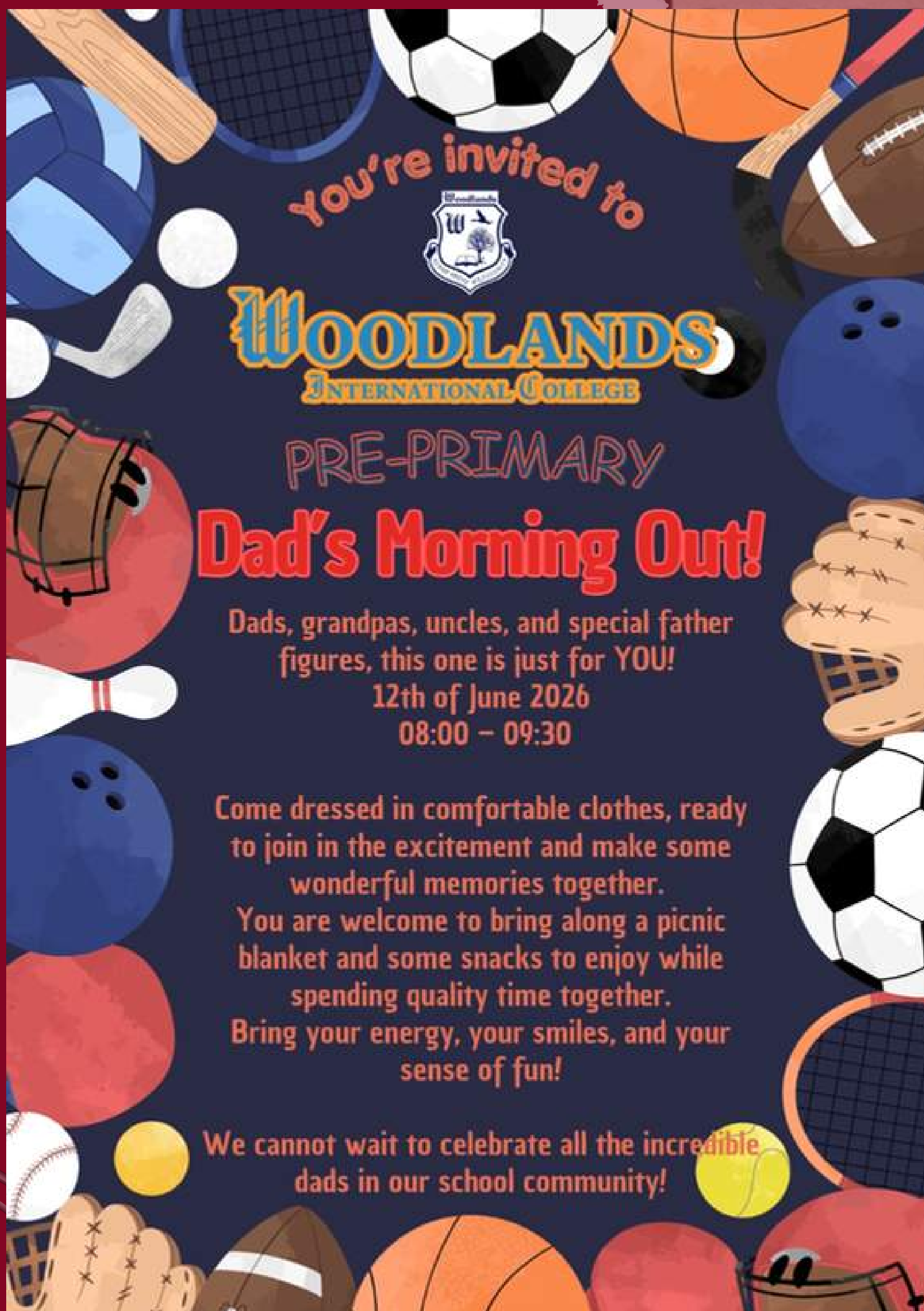


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Make and Bake Day

Our Grade 0000s kicked off Baker Baker with lots of excitement as Alexander proudly became our very first Baker Boy, dressed in his chef hat and apron! The little ones loved placing their money into the piggy bank while learning about exchanging money for their special treats. This week's farm animal theme brought even more fun as our Baker Boy showed his friends how to create a chicken and a pig before everyone constructed their own adorable farm animals and enjoyed every delicious bite. We can't wait for more exciting baking and construction adventures ahead!





FATHER'S DAY TUCKSHOP ALERT!

Our tuckshop will be **OPEN** during the Father's Day celebration!
Come enjoy some delicious treats while spending quality time together.

⚠ Please note:
CASH ONLY will be accepted on the day.

Dates To Diarise

May	
Wednesday 27th	Drum Busters Inning- Grade 00
June	
Friday 12th	Father’s Day Celebration
Monday 15th	College closed
Tuesday 16th	Youth Day - Public Holiday
Saturday 20th	Open Day
Monday 29th - Friday 3rd July	Midterm Break - College closed
July	
Monday 6th	College opens
Friday 17th	Mandela Day Celebration
Wednesday 22nd	Eduvet Kids Transport Inning - Grade 000
Tuesday 28th	Eduvet Kids Transport Inning Grade 0000
Wednesday 29th	Mini Science Lab Inning - Grade 0
August	
Tuesday 4th	Parent Teacher Meetings - Invitation only
September	
Wednesday 9th	College Opens